

# It's OK (Please Just Say)

Music and Lyrics by  
Adam Sinclair &  
Susan Sinclair

♩ = 77 Swung semiquavers

**INTRO** **VERSE 1**

C Em7 Am

I can't quite put my fin - ger on it,

4 F C Em7

May-be I don't ev-en know the word, May-be lone - ly or just down, a lit - tle

7 Am F C

miss you being a - round, but to-day my smile is hang - ing up - side down. It's O

**CHORUS**

10 F Am G

K if you're not fee - ling O - K It's O -

12 F Am C G

K if you're not fee - ling you're ve - ry best to - day It's O -

14 F Am G

K if you're not fee - ling O - K You don't



16 F F#o G F G7 C

have to keep these fee - lings locked a way, Please just say.



**VERSE 2**

19 Em7 Am F

When eve ry-thing seems like it has changed, Ev-en things I thought were

22 C  Em7 

cer - tain, When op - en doors have all been closed, all the





24 Am  F  C 

"Yes"-'s turn to "No"-'s, Feels like we've been liv-ing be- hind a cur-tain. It's O-

## CHORUS

27 F  Am  G 







K if you're not fee - ling O - K \_\_\_\_\_ It's O -

29 F  Am  C  G 

K if you're not fee - ling\_ you're ve - ry best\_ to- day\_ It's O -


31 F  Am  G 

K if you're not fee - ling O - K \_\_\_\_\_ You don't



33 F  F#o  G  F  G7  C 

have to keep these fee - lings locked a way, \_\_\_\_\_ Please just say.




## BRIDGE

36 F  G7(sus4) 



Re-mem-ber it's not on - ly you, we all have mo-ments fee- ling\_


38 F  G7(sus4) 

blue, find what keeps you calm and\_ cool, what-ev - er\_ works for\_ you!



40 F  RAP  G7(sus4) 

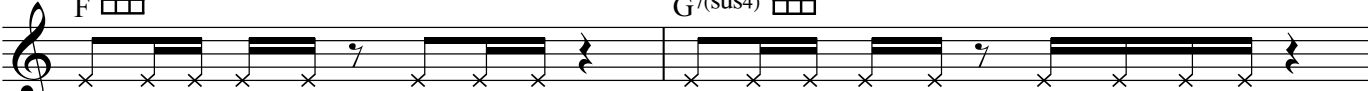
— Li-sten to mu - sic, Talk to a friend (or ev en a grown\_ up!)-

42  





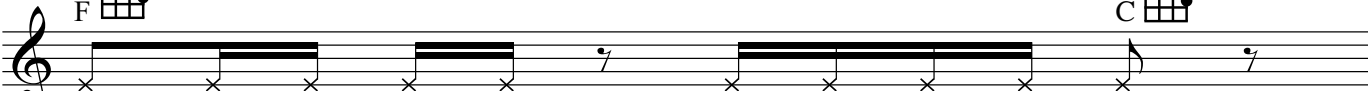
Do some-thing you love, just sing this song, may-be make you're own words up,-

44  



Stop for a min-ute, take a break, Look out the win-dow, draw what you see,

46  






Write down your fee - lings, keep them some - where safe,


47  







Write a kind le - tter add - ressed to "Me". It's O -


**CHORUS**

48   







K if you're not fee - ling O - K \_\_\_\_\_ It's O -

50    










K if you're not fee - ling\_ you're ve - ry best\_ to- day\_ It's O -

52   



K if you're not fee - ling O - K \_\_\_\_\_ You don't

54      



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